



Café Menu

at Launde Abbey

Breakfast Menu: 10:00 am - 11:30 am

Lunch Menu: 11:30 am until 3.00 pm

Cakes and Drinks 10:00 am - 4.30 pm

Open Daily: 10:00 am – 4:45 pm

Welcome to the Café at Launde Abbey

Our Café and grounds are open to the general public throughout most of the year. As you walk around, you'll notice a Victorian Walled garden, a woodland walk, a Quiet Garden, a Chapel Garden, an outdoor labyrinth, as well as traditional flower borders, cut lawns, and areas of wild meadow.

Some of the food on your plate today may have been grown in our Walled or 'Kitchen' Garden. Whilst we can't grow anywhere near enough food to fulfil the demand of our Café and Dining Room, we do make sure we utilise everything we grow in our food preparation. We do have a little excess produce at times, and you'll occasionally find this available for sale near the café till. All of our produce is organically grown, and of course, you couldn't get more locally produced than in our very own garden.

Our resident retreatants share the grounds and gardens, and we're grateful to all our visitors for maintaining a quiet, calm, and peaceful environment as you walk around and explore. Ball games and picnics are not allowed. Dogs must be kept on a lead at all times (and any doggy deposits taken home with you, please). You'll also notice two Shepherd's Huts in the orchard. You are very welcome to walk around this area, but please give space to the Huts themselves, as these are private retreat spaces.

What is Launde Abbey?

We are a Christian Retreat House providing a space and place of **Hospitality, Community, Sanctuary, & Prayer** for all those that visit. We follow a daily rhythm of prayer with 3 services led by our Clergy Team each day.

Whilst our Retreat House is strictly reserved for resident retreatants, **we welcome allcomers to our midday prayer service in the Chapel.** Please pop into reception 5-10 minutes before the service is due to start, and we should be able to accommodate you.

Everyone is welcome at the Abbey, and we provide a range of events and facilities here for individuals and groups alike. To find out more, all of our information is on our website.



Breakfast Menu

(Available 10:00 am - 11:30 am)

Bacon Buttie	£ 5.95
Fried Egg Buttie (free-range)	£ 5.00
Toast with honey, jam, marmalade (2 rounds)	£ 2.25
Cheese on Toast (2 rounds)	£ 4.50
Beans on Toast (2 rounds)	£ 4.50
Eggs on Toast (free-range) poached, fried or scrambled	£ 5.00

Add any extra topping for £1.50

Lunch Menu

(Available 12:00 pm - 3:00 pm)

Soup of the day (please see our specials board) £ 6.95

(Served with a freshly baked brown or white baguette. GF available)

Freshly Baked Baguettes and Sandwiches – Made to Order

(Served with Salad Garnish & Homemade Slaw)

	Baguette	Sandwich
Egg & Cress	£ 7.75	£ 6.75
Roast Beef & Horseradish	£ 8.00	£ 7.45
Ham & Pickle	£ 7.75	£ 7.00
Tuna Mayonnaise	£ 8.00	£ 7.75
BLT	£ 8.00	£ 7.75
Coronation Chicken	£ 8.00	£ 7.75
Mature Cheddar and Chive	£ 7.75	£ 7.45

(Gluten Free bread available on request)

Freshly Made Paninis

(Served with Salad Garnish & Homemade Slaw)

Tuna & Cheese Melt	£ 8.75
Cheese & Onion	£ 8.25
Bacon, Brie & Cranberry	£ 8.75

If you have a food allergy or dietary requirement, please speak to your server before ordering. Thank you.

Omelettes (Subject to Availability)

(Served with Salad Garnish & Homemade Slaw)

Plain Omelette	£ 6.50
Omelette + 1 Filling	£ 7.75
Omelette + 2 Fillings	£ 8.75
Omelette + 3 Fillings	£ 9.25

Fillings include **mature cheddar, onion, tomato, ham or mushroom.**

Jacket Potatoes

(Served with Salad Garnish & Homemade Slaw and Butter)

£ 6.95

With Beans	£ 7.75
With Mature Cheddar and Red Leicester	£ 8.25
With Tuna Mayonnaise	£ 8.50
With Coronation Chicken	£ 8.75

Add any extra topping for £1.50

Large Salads

Mixed leaves with tomatoes, cucumber, peppers and homemade dressing.

(Served with a white or brown baguette and one accompaniment)

Home Roasted Topside of Beef	£ 9.95
Butchers Sliced Cooked Ham	£ 9.25
Tuna Mayonnaise	£ 9.25
Mature Cheddar and Red Leicester	£ 9.25
Egg Cress Mayonnaise	£ 9.25

We're very proud to grow our own produce, and at certain times of the year this will include salads from our kitchen garden.

If you have a food allergy or dietary requirement, please speak to your server before ordering. Thank you.

Desserts

(Served all day every day)

Dessert of the Day	£ 4.95
Fresh Fruit Salad with Natural Yoghurt	£ 4.50

Cakes

Choose from a wide selection of cakes, most of which are homemade by our chef team.

Homemade Scone, Jam & Fresh Cream	£ 3.95
Cakes (see our board - GF, DF, VG available)	£ 3.95
Two Homemade Cookies	£ 1.50
Toasted Teacake with Butter and Jam	£ 2.75

We always try to have Gluten Free, Dairy Free and Vegan options available.

Ice-cream (variety of flavours)

Per scoop (please ask for available flavours)	£ 1.50
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Drinks Menu

(Served all day every day)

Coffee

Cappuccino	£ 3.25
Latte	£ 3.25
Americano	£ 3.25

(NEW)	Single	Double
Espresso	£3.00	£ 3.50

Tea

Pot of Tea (Decaf option available)	£ 3.00
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Flavours: Yorkshire Tea, English Breakfast, Earl Grey, Peppermint, Green, Chamomile, Lemongrass & Ginger, Red Berry & Flower, Decaf

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Hot Chocolate

Hot Chocolate	£ 3.50
Hot Chocolate Deluxe (with marshmallows and cream)	£ 4.25

Soft Drinks

Orange/Blackcurrant Squash (per glass)	£ 1.00
Orange/Apple/Grapefruit Juice (per glass)	£ 2.00
Bottled Water - Still/Sparkling (500ml)	£ 2.50
Belvoir Elderflower Presse	£ 3.25
Belvoir Sparkling Apple Juice	£ 3.25
Belvoir Ginger Beer	£ 3.25
Belvoir Raspberry Lemonade	£ 3.25
Franklin & Sons Rhubarb Lemonade	£ 3.25
Sanpellegrino Sparkling Orange	£ 3.25
Sanpellegrino Sparkling Blood Orange	£ 3.25
Cans (Lemonade, Coke, Diet Coke, Tango Orange)	£ 2.00
Slimline Tonic Water	£ 1.50

Cold Ciders

Bulmers Original Cider (Medium apple cider 4.5%)	£ 4.95
Kopparberg (Mixed Fruit 4.0%)	£ 4.95

Cold Beers

Black Sheep Ale (Black Sheep Brewery 4.4%)	£ 4.95
Badger Fursty Ferret (Amber Ale 4.4%)	£ 4.95
Doom Bar (Amber Ale 4.3%)	£ 4.95
Becks Blue Alcohol Free (0%)	£ 4.25

Cold Lagers

Budweiser (King of Beers 4.8%)	£ 4.25
Corona Extra (4.5%)	£ 4.25

Or why not try:

Augustiner Bräu München Lagerbier (5.2%)	£ 4.95
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Wine List

Small Bottle (187 ml)	£ 6.95
Large Bottle (750 ml)	£ 17.95

Red

Il Molo Merlot (*Italian, medium-bodied. 12.5%*)

Bird Island Cabernet Sauvignon (*South African, rich and dark with fruity flavours. 13%*)

Bird Island Shiraz (*South African, blackberry and ripe plum flavours. 13.5%*)

White

Kissing Tree Pinot Grigio (*Italian, crisp and fresh. 13.5%*)

Kissing Tree Sauvignon Blanc (*Chilean, fresh and fruity. 13%*)

Homeward Bound Chardonnay (*Australian, pineapple and subtle citrus flavours. 12.5%*) – only available in large bottles

Rosé

Kissing Tree Zinfandel (*wild strawberry and exotic. 8%*)

Prosecco

	Small Bottle	Large Bottle
Prosecco doc Tosti (<i>extra dry Italia. 11%</i>)	£ 7.95	£ 21.95

If you have a food allergy or dietary requirement, please speak to your server before ordering. Thank you.

Café Toilets

It is an accessible toilet located in the large wooden-clad building across the car park. Please watch out for cars when making your way over.

How you can support the maintenance of our gardens and help fund future projects

The wonderful gardens that you see are maintained by a part-time gardener, ably supported by a team of amazing volunteers, and so any help to continue to allow us to maintain the gardens is always gratefully received. You can make a donation via our website, or by popping into reception and making a donation on the device next to the till.



Volunteering

Find out more about how to apply to join the team by visiting our website. Direct access is available via this QR code.



Bees

Did you spot the beehives when you were walking around? Launde was all abuzz when bees were reintroduced to the site in the summer of 2025. Each hive can contain as many as 80,000 bees at the height of the season. They'll travel in every direction in an up to a 3-mile radius, which means they have access to some of Leicestershire's most unspoilt countryside, including ancient woodland. They need to be left alone to carry out their work, and so you'll be able to observe the hives from a fence at a safe distance. At some point, we hope to be selling the honey too, so keep your eyes peeled for when this becomes available. We're sure it will be amazzzzzing!



Join us today...

Companions are at the heart of Launde Abbey – people who pray with us, support our ministry, and carry a deep sense of connection with this place. By joining, you become part of a wider fellowship that shares in the Abbey’s mission: to offer prayer, hospitality, community, and sanctuary to all who come through its doors.

What we offer:

- Bi-monthly Companions newsletter
 - Priority booking for selected retreats and other events
 - Access to the chapel for prayer outside of services
 - Exclusive events
- And more...

Sign up today via our website, or speak to our Reception Team.

Join us:

We suggest an annual or monthly donation of, say, £30. If you’re able to give more, please do: it will help us sustain and even extend the work of Launde Abbey. See our website for more information.

Find out more:

www.laundeabbey.org.uk
info@launde.org.uk
01572 717 254





Treat Yourself or a Friend...

For Next Time? *BOOKING REQUIRED*

Launde Afternoon Tea

(2 people minimum)

Per Person £ 15.95

Our 'typically English' afternoon tea consists of a selection of sandwiches, cakes, homemade scones with jam and cream, accompanied by a generous pot of tea or coffee (free refills)

Why not add a glass of Prosecco for an extra £5.00 per person?

Seasonal Buffet

(12:45 pm - 1:30 pm)

Hot or Cold Buffet £ 11.95
Hot or Cold Buffet with Dessert £ 15.95

Sunday Carvery

(from 12:45 pm)

Carvery £ 16.25
Carvery with Dessert £ 20.00

How to Book

Give us a call on **01572 717254** or email your booking request to **info@launde.org.uk**. Please visit our website for more information.

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**Launde
Abbey**

prayer • hospitality • community • sanctuary